

KENNETH B. PERLMUTTER, PH.D.
CLINICAL PSYCHOLOGY
LICENSE NO. PSY7053

467 Hamilton Ave., Suite 21
Palo Alto, CA 94301

Telephone
650-322-5011

Parenting Plan Outline

1. Legal custody and Physical custody. Names, dates of birth.
2. Decision making: health, education and well being.
3. Time Share/Child Access Schedule: School Year.
Contact for noncustodial parent during the custodial parent's time?
4. Time Share/Child Access Schedule: Summer.
To include activities/camps etc.
5. Telephone Access:
Need for a schedule? Type of contact. Children, parents.
6. Right of First Refusal
Yes/No clear statement
7. School Access, school change, homework, enrollment forms, emergency contacts.
8. Extracurricular activities.
Enrollment process.
9. Medical/health care.
Informing providers. No change to providers. Communication with providers.
Annual well care appointments. Ill child appointments. Communication between the parents.
Emergency care and protocol.
Provision for dental care?
10. Counseling, psychotherapy, psychiatric care.
Private/at school.
11. Will there be a special provision for the sharing or division of: July 4, Easter Sunday, any Monday (i.e. Veterans Day MLK Day, Presidents Day, Memorial Day, Labor Day) or other holiday or school closure day, not stated elsewhere herein. The parent who is normally to have the child(ren) on these days shall have them for this time.
12. Mother's Day/Father's Day.
13. Halloween.
14. Thanksgiving Break.
15. Winter Break (December 24/25 and December 31/January 1)

16. February Break (full five days)
17. Spring Break (full five days)
18. Children's Birthdays
Birthday parties (peers)
19. Parent's Birthdays
20. Any other special days, holidays.

Parenting Protocols:

21. Travel: United States
General notification policies: threshold distance, information provided, deadline of notice.
Contact with noncustodial parent.
22. Travel: International
Permission required.
Passports: exchange of and who holds them.
23. Parents' communication:
-by e-mail and response time
-by text, phone
24. Contact information:
Phone number, home address
25. Use of calendars (e.g. Google or Our Family Wizard) to list schedules/activities
26. Dispute Resolution and Co-Parenting:
Co-Parent Counseling or Parenting Coordinator
27. Previous Orders in place

Parenting Plan Resources:

1. AFCC Ontario: Parenting Plan Guide and Parenting Plan Template (2020)
<https://afccontario.ca/parenting-plan-guide-and-template/> [Word & pdf.]
2. Minnesota Judicial Branch: Child-Focused Parenting Time Guide (2019) <https://mncourts.gov/>
<https://www.mncourts.gov/mncourtsgov/media/CourtForms/Child-Focused-Parenting-Time-Guide.pdf>